

Benchmark Advance Whole Group Selections CASEL Core Competencies and Subcategories

Grade	Unit	Selection	CASEL Core Competency	CASEL Subcategory
K	1	Lessons from Mama Bear	Relationship Skills	Social Engagement
K	1	Grow, Pumpkin, Grow!	Self-Management	Stress Management
K	1	What Do Plants Need?	Responsible Decision-Making	Ethical Responsibility
K	1	What Do Animals Need?	Relationship Skills	Communication
K	2	The Tortoise and the Hare	Self-Management	Self-Motivation
K	2	The Little Helper	Social Awareness	Respect for Others
K	2	Horrible Bear!	Self-Awareness	Identifying Emotions
K	2	Dog Days of Schools	Self-Management	Goal-Setting
K	3	Let's Play by the Rules!	Relationship Skills	Teamwork
K	3	A New Pet	Responsible Decision-Making	Ethical Responsibility
K	3	What Are Some Rules at School?	Responsible Decision-Making	Evaluating
K	3	Rules are Cool	Self-Awareness	Accurate Self-Perception
K	4	Who Did It?	Relationship Skills	Communication
K	4	The Spider and the Deer	Self-Awareness	Recognizing Strengths
K	4	Knuffle Bunny	Self-Awareness	Identifying Emotions
K	4	Wolf Cub's Song	Relationship Skills	Teamwork
K	5	Up, Up, and Away!	Relationship Skills	Teamwork
K	5	1, 2, 3, Blast Off!	Relationship Skills	Relationship-Building
K	5	Technology at Home & School: Past and Present	Relationship Skills	Communication
K	5	The No-Tech Day of Play	Self-Awareness	Self-Confidence
K	6	All Together Now!	Responsible Decision-Making	Solving Problems
K	6	A House for Max	Self-Awareness	Recognizing Strengths
K	6	The Legend of the Coqui	Self-Management	Goal-Setting
K	6	The Boy Who Fed His People	Responsible Decision-Making	Evaluating
K	7	The Mother of Thanksgiving	Relationship Skills	Relationship-Building
K	7	Let's Celebrate Thomas Edison	Self-Awareness	Self-Motivation
K	7	People Who Celebrate	Social Awareness	Respect for Others
K	7	In My Opinion... These Are the Best Ways to Celebrate Holidays	Social Awareness	Perspective-Taking
K	8	The Coolest Vacation	Self-Management	Organizational Skills
K	8	The Great Blizzard	Social Awareness	Empathy
K	8	Weather and the Seasons	Social Awareness	Perspective-Taking
K	8	Two Wool Gloves	Self-Awareness	Identifying Emotions
K	9	Firefighters at Work	Responsible Decision-Making	Ethical Responsibility
K	9	A Gift for Mom	Social Awareness	Empathy
K	9	Needs and Wants	Responsible Decision-Making	Evaluating
K	9	Jaylen's Juice Box	Relationship Skills	Teamwork
K	10	The True Story of Balto the Sled Dog	Self-Management	Goal-Setting
K	10	Up in the Air	Responsible Decision-Making	Analyzing Situations
K	10	Forces	Self-Awareness	Accurate Self-Perception
K	10	Motion	Relationship Skills	Social Engagement
1	1	The Amazing Life Cycle of a Frog	Self-Awareness	Accurate Self-Perception
1	1	The Fox and the Robin	Responsible Decision-Making	Solving Problems
1	1	An Oak Tree Has a Life Cycle	Self-Awareness	Self-Efficacy
1	1	The Ugly Duckling	Social Awareness	Empathy
1	2	The Ant and the Grasshopper	Self-Management	Self-Discipline
1	2	Little Red Riding Hood	Responsible Decision-Making	Analyzing Situations
1	2	Wolfie the Bunny	Self-Awareness	Identifying Emotions
1	2	Abuelita's Secret	Social Awareness	Empathy
1	3	Hello, Community Garden!	Relationship Skills	Teamwork
1	3	Safe to Go!	Responsible Decision-Making	Analyzing Situations
1	3	Being a Responsible Citizen	Responsible Decision-Making	Evaluating, Reflecting
1	3	People Who Made Contributions	Self-Management	Self-Motivation
1	4	The City Mouse and the Country Mouse	Social Awareness	Respect for Others
1	4	A Quiet Camping Trip	Responsible Decision-Making	Solving Problems
1	4	Mother Bruce	Self-Awareness	Identifying Emotions
1	4	The Lost Kitten	Responsible Decision-Making	Ethical Responsibility
1	5	Robots at Work	Relationship Skills	Teamwork
1	5	What a Great Idea	Responsible Decision-Making	Solving Problems
1	5	Working with Technology	Self-Awareness	Recognizing Strengths
1	5	Technology Breakdown	Responsible Decision-Making	Solving Problems
1	6	The Boy Who Cried Wolf	Responsible Decision-Making	Ethical Responsibility
1	6	The Ant and the Pigeon	Social Awareness	Empathy
1	6	When Turtle Grew Feathers	Relationship Skills	Communication
1	6	Tall and Small Play Ball	Social Awareness	Appreciating Diversity
1	7	School Days	Relationship Skills	Relationship-Building
1	7	The Story of the White House	Self-Awareness	Identifying Emotions
1	7	Using Time Lines	Relationship Skills	Teamwork
1	7	Statues and Monuments	Social Awareness	Respect for Others
1	8	Why Sun and Moon Live in the Sky	Responsible Decision-Making	Evaluating
1	8	A Walk on the Moon	Relationship Skills	Teamwork
1	8	Night and Day	Self-Awareness	Identifying Emotions
1	8	Night Sky	Relationship Skills	Communication
1	9	From Dairy Farm to You	Responsible Decision-Making	Ethical Responsibility
1	9	The Most Important Service	Social Awareness	Perspective-Taking

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1	9	In My Opinion . . . Goods and Services Are Important	Self-Awareness	Accurate Self-Perception
1	9	The Shoemaker and the Elves	Self-Management	Self-Discipline
1	10	Sounds I Love!	Social Awareness	Appreciating Diversity
1	10	Heat is All Around	Self-Awareness	Self-Efficacy
1	10	I Hear with My Ears	Self-Awareness	Identifying Emotions
1	10	The Light Around Us	Relationship Skills	Relationship-Building
2	1	Emperor Penguin Habitat	Relationship Skills	Social Engagement
2	1	Postcards from Alex	Self-Awareness	Accurate Self-Perception
2	1	Habitats Around the World	Social Awareness	Appreciating Diversity
2	1	Filiberto in the Valley	Responsible Decision-Making	Reflecting
2	2	The Foolish Milkmaid	Self-Management	Impulse Control
2	2	The Daydreaming Sprinter	Self-Management	Goal-Setting
2	2	Yeh-Shen	Self-Awareness	Identifying Emotions
2	2	Great Girls' Contest	Relationship Skills	Teamwork
2	3	Smoke Jumpers	Relationship Skills	Teamwork
2	3	Can You Sew a Flag, Betsy Ross?	Self-Awareness	Self-Confidence
2	3	Our Government's Laws	Social Awareness	Respect for Others
2	3	Getting a Message to General Washington	Responsible Decision-Making	Solving Problems
2	4	The Blind Men and the Elephant	Social Awareness	Perspective-Taking
2	4	How the Beetle Got Its Gorgeous Coat	Self-Awareness	Accurate Self-Perception
2	4	Stone Soup	Responsible Decision-Making	Solving Problems
2	4	The Stone Garden	Relationship Skills	Social Engagement
2	5	A Woman with Vision	Responsible Decision-Making	Identifying Problems
2	5	A Lucky Accident	Self-Management	Self-Motivation
2	5	Two Famous Investors	Self-Management	Goal-Setting
2	5	Robots Go to School	Responsible Decision-Making	Evaluating
2	6	The Village of the Moon Rain	Relationship Skills	Teamwork
2	6	The Huemul Egg	Social Awareness	Respect for Others
2	6	A Foxy Garden	Self-Awareness	Accurate Self-Perception
2	6	Why the Sky Is Far Away	Responsible Decision-Making	Ethical Responsibility
2	7	The Oregon Trail	Self-Management	Stress Management
2	7	Ranch Flyer	Self-Awareness	Identifying Emotions
2	7	Primary Sources	Relationship Skills	Communication
2	7	A Dinosaur Named SUE	Relationship Skills	Relationship-Building
2	8	Tornado!	Responsible Decision-Making	Identifying Problems
2	8	Water's Awesome Wonder	Responsible Decision-Making	Ethical Responsibility
2	8	Earth's Changes	Social Awareness	Perspective-Taking
2	8	Bonita Springs Debates Its Future	Social Awareness	Appreciating Diversity
2	9	From Tree to Baseball Bat	Relationship Skills	Social Engagement
2	9	Goat and Bear in Business	Self-Management	Impulse Control
2	9	From Pine Tree to Pizza Bo	Responsible Decision-Making	Ethical Responsibility
2	9	Cherokee Art Fair	Relationship Skills	Communication
2	10	The Art of Origami	Self-Management	Stress Management
2	10	Sand Sculpture	Self-Management	Organizational Skills
2	10	Matter Changes in Many Ways	Self-Awareness	Accurate Self-Perception
2	10	Crazy Horse Memorial	Responsible Decision-Making	Evaluating
3	1	Animal Disguises	Social Awareness	Appreciating Diversity
3	1	Animals' Tools for Survival	Self-Awareness	Recognizing Strengths
3	1	Animal Coverings	Social Awareness	Perspective-Taking
3	1	One Body, Many Adaptations	Self-Awareness	Self-Confidence
3	2	Two Fables from Aesop	Social Awareness	Empathy
3	2	Two Famous Poems	Self-Management	Self-Motivation
3	2	The Tale of King Midas	Self-Awareness	Accurate Self-Perception
3	2	Uncle Parrot's Wedding	Responsible Decision-Making	Evaluating
3	3	Working Together	Relationship Skills	Teamwork
3	3	Election Day	Social Awareness	Respect for Others
3	3	Fighters for Rights: Rosa Parks and Cesar Chavez	Responsible Decision-Making	Solving Problems
3	3	African Americans and Women Get the Right to Vote	Relationship Skills	Communication
3	4	Cinderella's Very Bad Day	Self-Management	Stress Management
3	4	Cinderella, Too Much for Words	Self-Management	Impulse Control
3	4	Rabbit and Coyote	Self-Awareness	Self-Confidence
3	4	The Trial of Rabbit	Relationship Skills	Relationship-Building
3	5	Shirley Jackson's Scientific Mind	Self-Management	Goal-Setting
3	5	From Phone Calls to Video Chat	Responsible Decision-Making	Solving Problems
3	5	Thomas Edison: A Curious Mind	Self-Management	Self-Motivation
3	5	Hear All About It!	Relationship Skills	Social Engagement
3	6	Addison and Rocky	Social Awareness	Empathy
3	6	A President for Everyone	Responsible Decision-Making	Ethical Responsibility
3	6	Rapping Magicians	Relationship Skills	Teamwork
3	6	The Big Game	Responsible Decision-Making	Reflecting
3	7	My St. Augustine Journal	Self-Awareness	Identifying Emotions
3	7	A New Life in Vermont	Relationship Skills	Communication
3	7	All Kinds of Communities	Social Awareness	Appreciating Diversity
3	7	Sarah and the Chickens	Social Awareness	Empathy

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3	8	Fairweather Clouds	Self-Awareness	Accurate Self-Perception
3	8	Earth's Weather and Climate	Self-Management	Organizational Skills
3	8	After the Storm	Self-Awareness	Recognizing Strengths
3	8	The Tropical Rain Belt	Responsible Decision-Making	Analyzing Situations
3	9	Making Choices	Self-Management	Organizational Skills
3	9	Let It Grow	Relationship Skills	Communication
3	9	Lucky Hans	Self-Management	Impulse Control
3	9	From Fruit to Jam	Self-Management	Goal-Setting
3	10	Poems of Movement	Self-Awareness	Self-Confidence
3	10	What Makes Things Move?	Social Awareness	Perspective-Taking
3	10	The Energy of the Thunder Beings	Responsible Decision-Making	Ethical Responsibility
3	10	Magnetic Fields	Responsible Decision-Making	Solving Problems
4	1	A Bird's Free Lunch	Social Awareness	Empathy
4	1	The Reeds and the River	Social Awareness	Perspective-Taking
4	1	Starting Off	Self-Management	Impulse Control
4	1	The Secret Spring	Self-Awareness	Accurate Self-Perception
4	2	Dorothy Meets the Scarecrow	Responsible Decision-Making	Solving Problems
4	2	How Dorothy Saved the Scarecrow	Responsible Decision-Making	Reflecting
4	2	Peter Meets Wendy	Relationship Skills	Relationship-Building
4	2	Peter's Shadow	Self-Management	Impulse Control
4	3	Solving Problems	Relationship Skills	Teamwork
4	3	The First Town Meeting	Responsible Decision-Making	Reflecting
4	3	The State Government and Its Citizens	Relationship Skills	Teamwork
4	3	Stanley's Release	Responsible Decision-Making	Ethical Responsibility
4	4	Here, Boy	Social Awareness	Perspective-Taking
4	4	Something Uneasy in the Air	Responsible Decision-Making	Analyzing Situations
4	4	Ready to Race	Social Awareness	Respect for Others
4	4	Training	Self-Management	Impulse Control
4	5	Humans and Robots Can Work Together	Responsible Decision-Making	Solving Problems
4	5	Robots Will Take Professional Jobs	Responsible Decision-Making	Solving Problems
4	5	Who's Driving?	Responsible Decision-Making	Ethical Responsibility
4	5	Rise of the Drones	Responsible Decision-Making	Evaluating
4	6	Sugar Maple and Woodpecker	Social Awareness	Respect for Others
4	6	The Valiant Little Tailor	Self-Awareness	Self-Confidence
4	6	Hercules' Quest	Social Awareness	Perspective-Taking
4	6	Estrella and the Emerald Ring	Self-Management	Self-Discipline
4	7	Rail Tycoons	Responsible Decision-Making	Solving Problems
4	7	Building the Transcontinental Railroad	Self-Awareness	Recognizing Strengths
4	7	The Chinese Railroad Workers	Social Awareness	Respect for Others
4	7	The Railroad's Impact on Native Americans	Social Awareness	Respect for Others
4	8	Earthquakes	Responsible Decision-Making	Evaluating
4	8	In Mexico City	Self-Management	Self-Motivation
4	8	Volcanoes	Responsible Decision-Making	Evaluating
4	8	The Eruption of Vesuvius	Responsible Decision-Making	Ethical Responsibility
4	9	Seattle: Up and Down —and Up Again	Relationship Skills	Relationship-Building
4	9	César: ¡Sí, Se Puede! Yes, We Can!	Self-Management	Self-Discipline
4	9	Natural Resources and Workers	Self-Awareness	Recognizing Strengths
4	9	Dust Dance	Social Awareness	Perspective-Taking
4	10	Power Restored in India	Responsible Decision-Making	Identifying Problems
4	10	Benjamin Franklin: The Dawn of Electrical Technology	Relationship Skills	Communication
4	10	The Power of Electricity	Social Awareness	Respect for Others
4	10	Two Forgotten Electrical Inventors	Self-Management	Self-Motivation
5	1	The Structure of a Corn Plant	Responsible Decision-Making	Solving Problems
5	1	Future of a Crop	Relationship Skills	Communication
5	1	A Short History of a Special Plant	Relationship Skills	Teamwork
5	1	The Science of Growing Corn	Self-Awareness	Self-Confidence
5	2	The Drive Down	Self-Management	Organizational Skills
5	2	Grandpop's Surprise	Self-Awareness	Identifying Emotions
5	2	Sky-Glitter	Relationship Skills	Social Engagement
5	2	Ernie's Secret	Relationship Skills	Relationship-Building
5	3	Creating the Constitution	Relationship Skills	Teamwork
5	3	Voting Rights Act Address	Responsible Decision-Making	Ethical Responsibility
5	3	Fighting for the Vote	Self-Awareness	Recognizing Strengths
5	3	Liberty Medal Acceptance Speech	Self-Management	Self-Discipline
5	4	"I Hear America Singing" and "Caged Bird"	Social Awareness	Empathy
5	4	Gold Country	Social Awareness	Perspective-Taking
5	4	I Speak Spanish, Too	Social Awareness	Respect for Others
5	4	Miguel's Prophecy	Self-Management	Goal-Setting
5	5	Technology and the Lowell Mill Girls	Self-Awareness	Identifying Emotions
5	5	Eli Whitney's Cotton Gin	Responsible Decision-Making	Solving Problems
5	5	Poems of the Industrial Age	Self-Awareness	Self-Motivation
5	5	The Making of the Industrial Age	Self-Management	Stress Management
5	6	Androcles and the Lion	Responsible Decision-Making	Analyzing Situations
5	6	Brushfire!	Responsible Decision-Making	Evaluating

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5	6	The Law of Club and Fang	Self-Awareness	Self-Efficacy
5	6	The Knotted Branch	Self-Management	Impulse Control
5	7	The Banners of Freedom	Self-Management	Self-Motivation
5	7	Road to Revolution	Responsible Decision-Making	Reflecting
5	7	Native Americans in the Revolution	Social Awareness	Perspective-Taking
5	7	The Eighteenth of April	Self-Awareness	Self-Confidence
5	8	The Odyssey Begins	Social Awareness	Perspective-Taking
5	8	Water-Wise Landscaper	Responsible Decision-Making	Solving Problems
5	8	The Voyage	Social Awareness	Empathy
5	8	Questions and Answers About the Oceans	Relationship Skills	Relationship-Building
5	9	The Birth of Chicago	Self-Awareness	Self-Confidence
5	9	Chicago: An American Hub	Responsible Decision-Making	Solving Problems
5	9	The Great Migration and the Growth of Cities	Self-Awareness	Accurate Self-Perception
5	9	Old Cities Revitalize	Responsible Decision-Making	Ethical Responsibility
5	10	John Dalton: Father of the Atomic Theory	Self-Management	Goal-Setting
5	10	Matter is Everywhere!	Relationship Skills	Communication
5	10	Changes in Matter	Self-Awareness	Accurate Self-Perception
5	10	Marie M. Daly: Biochemistry Pioneer	Self-Management	Organizational Skills
6	1	Marjory Stoneman Douglas	Responsible Decision-Making	Ethical Responsibility
6	1	Protectors of the Land	Responsible Decision-Making	Solving Problems
6	1	This Fascinating World of Nature	Self-Awareness	Accurate Self-Perception
6	1	The Writings of John Muir	Relationship Skills	Communication
6	2	In Hiding	Social Awareness	Respect for Others
6	2	Jason's Challenge	Self-Awareness	Accurate Self-Perception
6	2	Cassie's Fight	Social Awareness	Appreciating Diversity
6	2	Feyrouz the Brave	Self-Management	Impulse Control
6	3	Aristotle and Democracy	Relationship Skills	Social Engagement
6	3	The Haudenosaunee Confederacy	Relationship Skills	Relationship-Building
6	3	Queen Elizabeth I of England	Self-Awareness	Self-Efficacy
6	3	Queen Elizabeth II of England	Relationship Skills	Teamwork
6	4	"Up-Hill"/"The Road"	Self-Awareness	Recognizing Strengths
6	4	"In Response to Executive Order 9066" and "Executive Order 9066"	Social Awareness	Perspective-Taking
6	4	A Little Seed	Social Awareness	Empathy
6	4	The Meeting	Responsible Decision-Making	Analyzing Situations
6	5	Robot Cops	Responsible Decision-Making	Identifying Problems
6	5	Robots in the Workplace	Self-Management	Organizational Skills
6	5	Probing the Ocean Deep	Responsible Decision-Making	Solving Problems
6	5	Updating Archaeology	Responsible Decision-Making	Evaluating
6	6	"The Legend of El Dorado"/"Eldorado"	Self-Management	Goal-Setting
6	6	"The Broken Sphere"	Self-Awareness	Identifying Emotions
6	6	"The Legend of Mulan"/"Mulan Joins the Army"	Self-Awareness	Self-Confidence
6	6	"Midwinter Day"	Self-Management	Stress Management
6	7	The Golden Age of Greece	Responsible Decision-Making	Evaluating
6	7	Ancient Egypt's Golden Empire	Responsible Decision-Making	Solving Problems
6	7	Rome's Augustan Age	Relationship Skills	Social Engagement
6	7	The Golden Age of the Inca Empire	Self-Management	Organizational Skills
6	8	The South Pole	Self-Management	Self-Discipline
6	8	Glaciers on the Move	Responsible Decision-Making	Reflecting
6	8	We Continue Our Descent	Responsible Decision-Making	Analyzing Situations
6	8	Studying Earth's Core	Relationship Skills	Teamwork
6	9	Marco Polo, China Trader	Relationship Skills	Communication
6	9	Kublai, the Great Khan	Social Awareness	Appreciating Diversity
6	9	The Silk Road, Yesterday and Today	Relationship Skills	Relationship-Building
6	9	Going Out	Self-Awareness	Self-Motivation
6	10	Mission to Mars	Responsible Decision-Making	Identifying Problems
6	10	Humans to Mars, Yes or No?	Responsible Decision-Making	Ethical Responsibility
6	10	Flip, Spin, and Soar: The Science Secrets of Extreme Biking	Responsible Decision-Making	Analyzing Situations
6	10	Track Cycling for Young People: Pros and Cons	Responsible Decision-Making	Evaluating